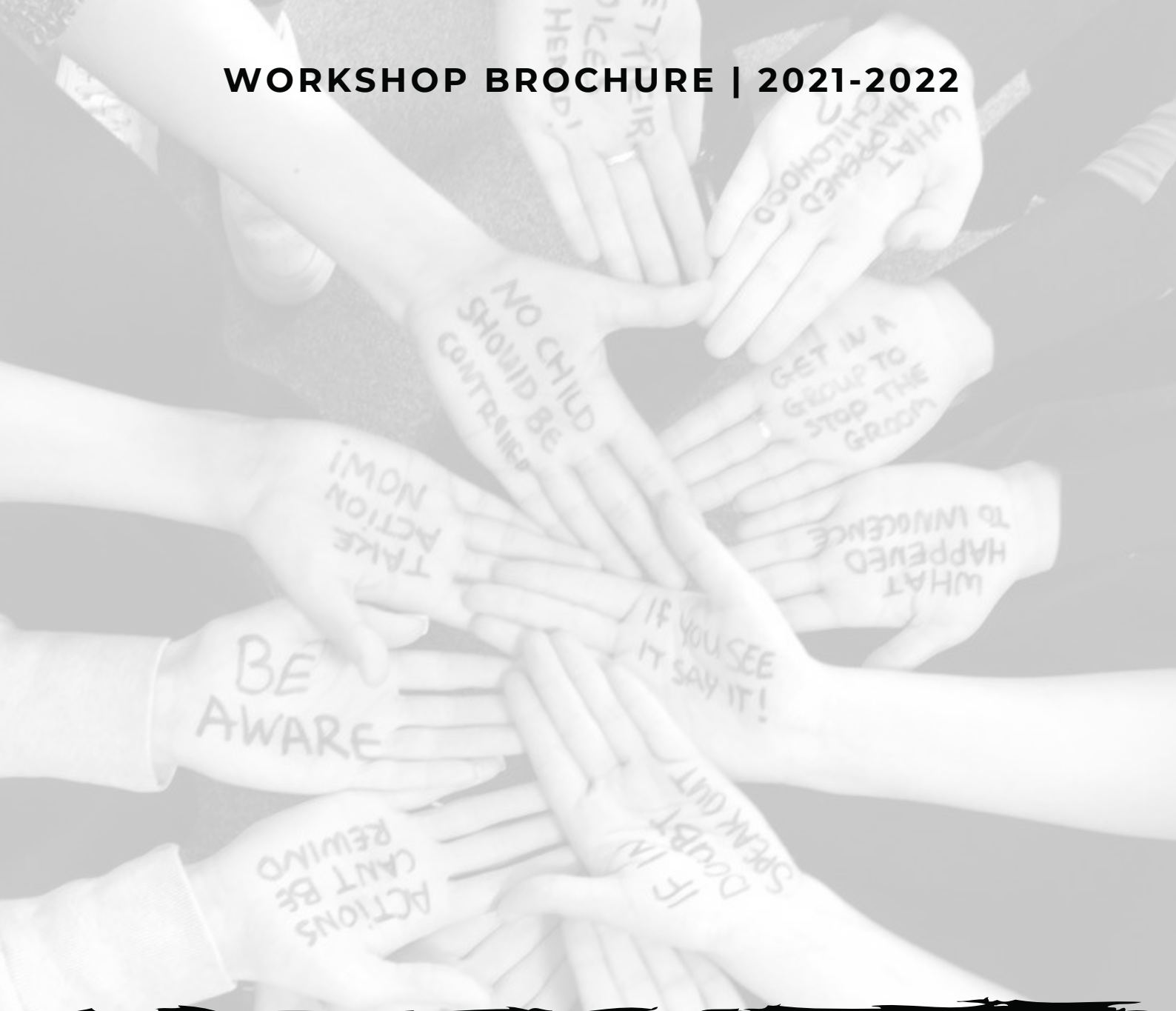


WORKSHOP BROCHURE | 2021-2022



# SURVIVOR-LED TRAINING ON CHILD SEXUAL EXPLOITATION



**REIGN**

Organisations | Universities | Events



[www.reigncollective.org.uk](http://www.reigncollective.org.uk)

# LIVED EXPERIENCE TALKING



There's nothing like a case-study to relate a lesson to the real world, but what if the characters in those case-studies could talk for themselves?

Using the voices of people with lived experience in training is nothing new, it is even stated as a requirement by some regulatory bodies. However, we never want our voices to be used tokenistically for just a story when we can offer so much more.

REIGN is a training organisation run entirely by survivors of child sexual exploitation and abuse. We recognised the educational value of our experiences for those supporting children today. We couldn't sit on all of our knowledge and insight, knowing that CSE/A continues to impact children and families.

Survivors of child sexual abuse are everywhere. Many of us in REIGN have qualifications and careers in social care, health, education, and related fields. We sit on all sides of the fence and use that to our advantage when designing our training.

Most important to us is that our workshops have a lasting practical impact and all attendees leave with a refreshed drive to improve the lives of children and young people subjected to abuse.

We guarantee those who attend REIGN's training will remember it for years to come.

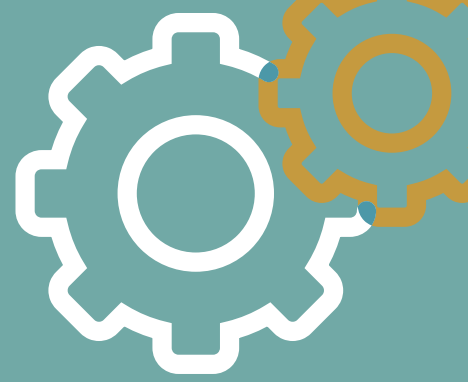
## We Do Things Differently

Trauma and childhood adversity can lead to survivors becoming socially marginalised and labeled as 'hard to reach'. Most platforms are not made to amplify our voices. That's why we made our own.

REIGN is a small, not-for-profit, social enterprise. Booking our training directly supports survivors and helps us create a community for self-empowerment.



# WORKSHOPS TAILORED TO YOUR SPECIFICATIONS



Our flexible workshop format allows you to pick and choose what works best for your needs. If you are unsure, we can offer you advice based on what has worked well for others.

## **You choose the length**

From a full day, to half, to a short presentation



## **Online or in-person**

Zoom, Teams, or your own office or venue

## **Any size audience**

From a huge conference to an intimate team

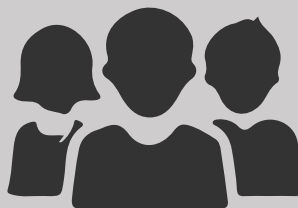


## **Suitable for all levels**

From college students to senior managers

We design our training to be directly relevant to those attending by carefully selecting content and activities to match the audience or event type.

## **Focusing on specific learning outcomes**

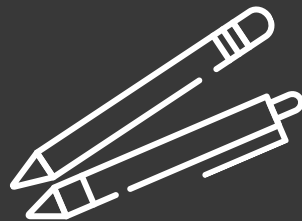


**Adaptable for events attended by professionals from multiple agencies**

## **Fitting in with the theme of an annual conference or course unit**



# TEACHING METHODS AND LEARNING OUTCOMES



We use a blend of activities, storytelling, games, demonstrations, and discussions to keep our training fresh and memorable. Our mixed methods suit a variety of learning preferences and attention spans.

We turn a challenging subject matter into a workshop that is engaging and fun to attend, leaving a lasting impact on participants' practice.

**"For once, I did not feel the need to fidget as the content kept my attention throughout."**

*- Student Social Worker*

**REIGN's training encourages participants to develop their approach to working with children and demonstrate the following learning outcomes:**

- Critically analyse the definition of child sexual exploitation and commonly held beliefs around CSE
- Draw from the lived experiences of survivors when working on present or historic CSE cases
- Identify the lesser understood indicators of trauma and abuse.
- Apply a range of methods for engaging children and young people in building rapport
- Consider theirs and others' use of language in verbal and written communication
- Reflect on the impact of CSE on survivors into adulthood

# CORE WORKSHOP CONTENT

## All our workshops include the following:

### What is CSE?

A critical look at the definition of child sexual exploitation; how CSE is commonly misunderstood, myths, stereotypes, legislation, and what that all means to victims and survivors.



### Our Lived Experiences

We share how CSE unfolded in our own lives, detailing how abusers operate and the impact of professional interventions both during and after the abuse. We examine how and why victims react and respond to CSE in the ways they do and we reflect on any mistakes made, challenges faced, and the positive support we received as young people.



### The Q&A Panel

This gives participants the opportunity to raise any concerns about CSA/E or ask us any questions they cannot get answers to elsewhere. This is often regarded as one of the most valuable parts of our workshops as it puts the participants in control of their learning and ensures that all bases are covered.



**Anti-oppressive and anti-victim-blaming** threads run throughout our workshops.

We address commonly held, harmful beliefs and misconceptions about victims of CSA/E and the impact blame and stigma has on the prevention of CSE and support victims receive.

# ADDITIONAL TOPICS

Along with the core content, we include activities and lessons that cover a range of topics relevant to particular professions or training events. Choose what topics you really want to focus on and we will include them in our design of the day.

## **Activities and Approaches for Intervention and Support**

Practical tips, skills, advice, tools, and approaches for working with victims. How to engage with a young person, build up trust, and not cause further harm within the power dynamic.

## **'Signs' and 'Risks'**

A new, critical perspective on identifying children targeted for abuse and exploitation. The lesser known visual and behavioural clues and factors that may appear to increase a child's chances of being targeted.

## **A Closer Look at Grooming**

A deeper view into what it's like to experience grooming and entrapment, how grooming works, trauma bonding, and the reason some victims may not appear to recognise they are being abused.

## **Language and Communication**

How to talk and write about child sexual exploitation in an appropriate way, both when working directly with victims and families, or communicating with other professionals and writing notes and reports.

## **The Barriers to Accessing Support**

What impedes victims and survivors from accessing and engaging with services and support, both from the sides of the service and service user. How to overcome these barriers.

## **Trauma and the Long-Term Effects of CSA/E**

The physical, practical and psychological impact of CSE on survivors long term, the difference that appropriate intervention and support can make, and how to support survivors at any point after abuse.

## **Working With Disclosure**

The ways victims may disclose and why, what they need from you, and how best to respond.

## **...and more!**





# TESTIMONIALS



"The quality of the workshop was the best I have ever attended. For once, I did not feel the need to fidget as the content kept my attention throughout."

"Fantastic workshop. So inspiring and down to earth. Hands down one of the best I have ever done, even over Zoom."

*- University of Huddersfield  
Student Social Workers*

"REIGN was the best training input we've ever had at our SARC in Glasgow.

Their ability & skill in relating experience, influencing practice & imparting important & so often missed knowledge is second to none."

*- Glasgow SARC*

"People are numbed and jaded hearing the same old safeguarding training each year. REIGN woke us up."

"The best safeguarding training we've ever had.....and I've sat through a lot!"

"This was the most powerful safeguarding training I have ever had."

"It was the best CPD on CSE I've ever been to."

"The best training I have ever done and I've been teaching for over 16 years!"

*- Teachers and staff at Rugby High  
School for Girls*

"REIGN made CSE real and not something from a textbook with a staged process to follow."

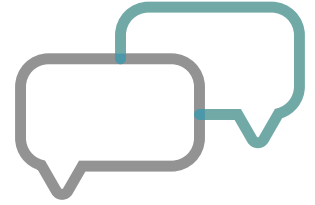
*- Alpha Plus Fostering Agency*

REIGN's workshop was amazing and everyone should be made to go on it. They had the room completely hooked for the whole of the session, they made it interactive, thought provoking, relatable, realistic and interesting. I really enjoyed it, I think it has got to be one of the best training workshops I have been on.

*- Practicing Social Worker with Frontline*



# CONSULTANCY, PRESENTATIONS AND TALKS



## Collaboration and Consultancy

We are keen to collaborate with individuals and organisations in the design of services and tools around CSE/A. We are experienced in research, consultancy, assessment and recruitment of students to university courses. We're also able to facilitate practitioner feedback within simulated practice settings, host discussions, and run focus groups.

## Speeches and Short Presentations

If a longer workshop is not what you're looking for but you still want to include the voices of survivors in your training event, REIGN presents speeches on a wide range of topics relating to CSE such as mental health, the care system, criminal exploitation, working with experts by experience, and survivor-led activism.

## CONTACT US

Email us to enquire about our fees and availability or learn more about what we can offer:

 [zoe@reigncollective.org.uk](mailto:zoe@reigncollective.org.uk)

Let us know your training needs and we will provide a tailored assessment and workshop/consultancy proposal.



[www.reigncollective.org.uk](http://www.reigncollective.org.uk)




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@REIGNManchester



@thereigncollectivecic



"The REIGN collective provide an open and honest account of their personal experiences as CSE survivors and in doing so allow students and professionals to consider, reflect and question their past, present and future practice. The engaging and interactive activities allow the participants to explore CSE and service intervention in detail and the feedback from participants undertaking both in person and online sessions has been consistently positive."

*Katie Hill - Senior Lecturer in Social Work,  
Manchester Metropolitan University*



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